

Schedule of Events - Social Inclusion Week 2024

Organisation	Title of Event	Description of Event	Event Date / Time	Location
Ability West	All I need is a little patience” by Ability West Media Hub	The "Just A Minute of Patience: Navigating Galway" project seeks to increase awareness and understanding of the challenges faced by individuals with intellectual disabilities in Galway. A song with the theme of patience, understanding and feelings will be written by the people supported by Ability West. A music video will then be produced and the song showcased on various media platforms in order to reach a greater audience. An official launch of the video will take place at a coffee morning in Ability West HQ	22/10/24 - 1100 hrs - 1300 hrs	Ability West HQ
Ability West	Just a Minute of Patience ' – practical communication access tips for businesses and people working with the public.	To mark Social Inclusion Week 2024, Ability West are designing posters for Galway Businesses and Public Services that contain tips for inclusive communication for people working in customer facing roles (cafes, restaurants, banks, pharmacy). One way to encourage social inclusion and participation is to ensure people in these essential community roles are aware of the ways they can make their communication more inclusive, and put in to practise simple strategies that can make interactions enjoyable and successful. These tips include “Patience in Communication” and “providing more time”. When these strategies are used, people who benefit from communication supports experience success and it is a step towards inclusion and participation in the local community. The poster will use visual reminders alongside the strategies to support a communication friendly and inclusive environment. There will be a QR code of the tips, and a link to a Micro-Credential course on Inclusive Businesses in University of Galway to allow for more people to access and share the resource. Ability West and volunteers from University of Galway will provide 150 local businesses and public services in Galway City with a copy of the poster.	24/10/2024	City Businesses & Public Services
Ability West	Through My Lens: Patience in Action	Joining Best Buddies is a “journey of learning”. Besides learning that people with disabilities are the same as everyone else - an equal who may need support in some areas of their lives. The non-disabled buddies often see first-hand situations where the wider public sometimes lack understanding and patience when engaging with their buddy in the community. We will film a video which shows different situations where buddies from Ability West need an extra minute and a little patience. The aim of this video is to encourage people to take a minute and reflect on how they should treat a person with disability. It will be formally launched at a coffee morning in the Head Office of Ability West and then shared on different media platforms.	22/10/24 / 1100 hrs - 1300 hrs	Ability West HQ

Ability West	"Everyday Moments: The Power of Patience in Our Community"	We are excited to announce a photo exhibition showcasing individuals from our day service actively participating in everyday tasks within their local community. This exhibition highlights the importance of community members taking the time to engage. Each photograph captures moments where a simple act of patience makes a significant positive impact. Examples include allowing someone the time to order coffee or organize their money. These small gestures of patience and understanding can profoundly enhance someone's life. Accompanying each photograph is a written piece reflecting on the moment captured, emphasizing the value of patience and community support. Join us in celebrating these everyday interactions and the powerful difference they make.	23/10/24 - 1200 hrs - 1330 hrs	Ability West HQ
Access For All Galway	Disability Awareness Training with Access For All Galway	Access For All Galway will provide Disability Awareness Training to members of the public in both Westside and Ballybane as part of Social Inclusion Week 2024. The training will take place on Thursday 24 th October in Ballybane Community Resource Centre and on Friday 25 th October at Westside Resource Centre. Come along and hear directly from people with lived experience of disability. Refreshments served. All welcome	24/10/24 - Ballybane & 25/10/24 Westside @ 1030hrs - 1200hrs	Ballybane & Westside
Brothers of Charity - Carrability Music Group	Together we dance and Sing - Community integration and inclusion event with music and dance	Together we dance and sing. For just a minute we dance and sing and enjoy the experience together, pausing with patience to listen, dance and sing together. An afternoon of music and dance with a country and western musician to entertain people supported who in day supports. Our focus is on music enjoyment and dance with freedom of expression. We have music groups who will perform Sing and Sign performances using Lamh communication to include people who communicate with Lamh. Internal choirs will perform their music on the day. We have invited the active retired groups three in our city area.	26/10/2024	Clayton Hotel
Scoil Chaitriona Senior Renmore	Fun Day For All	We are a fully inclusive school where rich pupil experiences and outcomes are planned for and achieved. We are hosting a whole school community event with the theme " A Minute of Patience to celebrate the uniqueness of the individual and the commonality of the collective'.	25/10/24 - All Day	Renmore Community Centre